

## ST. THERESA CATHOLIC CHURCH – Sunny Hills

Mailing Address: 2071 Sunny Hills Blvd. Chipley, FL 32428

Church Office Ph. (850) 332– 3188    Emergency Ph. (850) 739 – 1934

Please remember to leave a message when you call our Office or Em. lines.

Email: [moodyp@clergy.ptdiocese.org](mailto:moodyp@clergy.ptdiocese.org)

St. Theresa Parish Website: <http://sttheresa.ptdiocese.org>

“There is no higher dignity than to serve Christ.” - St. Ambrose

“... whoever exalts himself will be humbled,  
and the one who humbles himself will be exalted.”



The parishioners of St. Theresa and Fr. Paul Moody welcome everyone as we gather to worship.

### Mass Times for The Thirtieth Sunday in Ordinary Time and the Thirtieth Sunday Week of Ordinary Time.

October 25 Saturday Vigil Mass 5:00 pm  
Thirtieth Sunday in Ordinary Time

Intention: + Margaret Ciesla  
Reader: Mark

October 26 Sunday Mass 9:00 am  
Thirtieth Sunday in Ordinary Time

Int: David & Nicole Shepherd  
Reader: Veronica

October 27 Monday Mass 8:00 am

Intention: John & Maria Doniec

October 30 Thursday Mass 8:00 am  
Thirtieth Week of Ordinary Time

Int: + Albert & Frances Ciesla

October 31 Friday Adoration 7:00 am to 8:00 am  
Thirtieth Week of Ordinary Time Mass 8:00 am

Intention: + Frank Biela

November 1 Saturday Vigil Mass 5:00 pm  
Commemoration of all Faithfull Departed – All Souls

Int: Jadwiga & Stanislaw Kuc  
Reader: Christina

November 2 Sunday Mass 9:00 am  
Commemoration of all Faithfull Departed – All Souls

Intention: John & Maria Doniec  
Reader: Mark

**ALL SAINTS DAY on Saturday November 1 IS NOT a Holy Day of Obligation this year.** We will celebrate Mass on Saturday, November 1 at 8:00 am for All Saints. Please remember, attending the 8:00 am Saturday Mass does not fulfill your Sunday Mass obligation.

**ALL SOULS:** Mass is on Saturday, November 1 at 5:00 pm and on Sunday November 2 at 9:00 am for the Commemoration of All Souls.



**John & Maria Doniec are celebrating their 60th Wedding Anniversary on Thursday October 30. We wish John and Maria a Happy Anniversary and a wonderful year to follow! May God continue to bless them, their family, and all those they love.**



**The flowers decorating the sanctuary have been graciously donated by John & Maria Doniec.**



**Thanksgiving Food Collection: We will be collecting non-perishable food to help local families in need. In order that the food can be sorted and delivered in time for Thanksgiving, we will be accepting food on the weekends of October 25 and 26 and on the weekend of November 1 & 2. There are bags in the Narthex to take with you to put your food donations in. Thank you!**



**Daylight Savings Time ends on Sunday, November 2, at 2:00 am. Please remember to change your clocks by turning them back 1 hour before you go to sleep – “Fall backwards”**



**“A truly humble person never believes that he can be wronged in anything. Truly, we ought to be ashamed to resent whatever is said or done against us; for it is the greatest shame in the world to see that our Creator bears so many insults from His creatures, and that we resent even a little word that is contradictory.” - St. Teresa of Avila**

**Prayer Requests:** We continue to pray for all of our parishioners who are sick and for the people who care for them. Please pray for all of the members of our Armed Forces and for all of our Law Enforcement Officers, especially Deputy David Zurawska, as they risk their lives to keep us safe.



There are special prayer requests for Julie, Matas Baltus, Steve Bertrand, David Hilty, Brian Paridon, Caroline, Jess, Chris Andrews, Jessica Stephens, Janet Kaufman, Sr. Anna Szostek, Ed Lang, Paul Day, Alvera Seluga, Lidia Kraj, Larry Arnold, Susan & David Estes, Gerry Sott, Cathy Andrews, Stanley & Jadwiga Kuc, Ralph Rowbotham, Jennifer Nason, Mrs. Maria Doniec, Joana Macijauskas, Mrs. Ann Ivers, Albina Vysniauskas, Vida Nakas, Maria Antoniewicz, Glen Zanetic, Stanley & Anna Jarzabek, Robert Espinosa, Winifred & Steve Flowers, and Bruce Paridon. Please remember to pray each day for the souls in purgatory and for our fellow parishioners at St. Theresa.

**“Anyone who wants to learn true humility should reflect upon the Passion of Jesus.” - St Faustina**



**October Is Respect Life Month:** Each October the Catholic Church in the United States celebrates Respect Life Month. As Catholics, we are called to remember every life is valuable to God and to cherish, defend, and protect those who are most vulnerable, from the beginning of life to its

end, and at every point in between.

With the Supreme Court ruling which returned abortion laws to the individual states' jurisdiction,

Catholics need to be aware of upcoming legislation in their states, political positions of those running for public office, and provide support to unwed and low-income mothers who want to give birth to their children. **We should also pray for a change of heart for those who seek, advocate, financially support, and use their medical knowledge to end the lives of unborn children**

**“You must accept your cross; if you bear it courageously, it will carry you to Heaven.”  
- St. John Vianney**

"Prayer is the raising of one's mind and heart to God or the requesting of good things from God." But when we pray, do we speak from the height of our pride and will, or "out of the depths" of a humble and contrite heart? He who humbles himself will be exalted; **humility** is the foundation of prayer, Only when we humbly acknowledge that "we do not know how to pray as we ought," are we ready to receive freely the gift of prayer. "Man is a beggar before God." [CCC 2559]

**“O Jesus! When You were a Pilgrim on earth, You said: “Learn of Me for I am gentle and humble of heart and you will find rest for your souls.” O Mighty Monarch of Heaven, yes, my souls finds rest in seeing You, clothed in the form and nature of a slave, humbling Yourself to wash the feet of Your apostles. I recall Your words that teach me how to practice humility: “I have given you an example so that you may do what I have done. The disciple is not greater than the Master ... If you understand this, happy are you if you put them into practice.” Lord, I do understand these words that came from Your gentle and humble heart and I want to practice them with the help of Your grace. I beg You, my Divine Jesus, to send me a humiliation whenever I try to set myself above others. I know, O my God, that You humble the proud soul but to the one who humbles one’s self You give an eternity of glory. So I want to put myself in the last rank and to share Your humiliations so as “to have a share with You” in the kingdom of Heaven. But, You know my weakness, Lord. Every morning I make a resolution to practice humility and in the evening I recognize that I have committed again many faults of pride. At this I am tempted to become discouraged but I know that discouragement is also pride. Therefore, O my God, I want to base my hope in You alone. Since You can do everything, deign to bring to birth in my soul the virtue I desire. To obtain this grace of Your infinite mercy I will very often repeat: “O Jesus, gentle and humble of heart, make my heart like Yours!”**

**(Prayer of St. Therese of Lisieux)**

**We thank our parishioners and guests for their continued generosity.**

St. Theresa Parish	Sept. 2025	Sept. 2024	Total for This FY (July 2025 – Sept 2025)	Total for Prior FY (July 2024 – Sept. 2024)
Offertory	\$ 8696	\$ 9758	<b>\$ 21179</b>	\$ 23428
CSA for 2025	Goal	Pledged	Received	
	<b>\$ 9603</b>	<b>\$ 8492</b>	<b>\$ 8492</b>	

**“A single ‘Blessed be God’ in adversity is worth more than a thousand acts of thanksgiving in prosperity.” — St. John of Ávila**

