

ST. THERESA CATHOLIC CHURCH – Sunny Hills

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Please remember to leave a message when you call our Office or Em. lines.

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St. Theresa Parish Website: <http://sttheresa.ptdiocese.org>

“While the world changes, the Cross stands firm” - St. Bruno

**“And just as Moses lifted up the serpent in the desert,
so must the Son of Man be lifted up,
so that everyone who believes in him may have eternal life.”**



The parishioners of St. Theresa and Fr. Paul Moody welcome every one as we gather to worship.

Mass Times for The Feast of the Exaltation of the Holy Cross and the Twenty-fourth Week of Ordinary Time.

September 13 Saturday Vigil Mass 5:00 pm
The Feast of the Exaltation of the Holy Cross

Intention: Lynn Zanetic & Family
Reader: Mark

September 14 Sunday Mass 9:00 am
The Feast of the Exaltation of the Holy Cross

Intention: + Frank Biela
Reader: Christina

September 15 Monday Mass – 8:00 am
Our Lady of Sorrows – Memorial

Intention: + Fr. Izidorius Gedvila

September 18 Thursday Mass – 8:00 am
Twenty-fourth Week of Ordinary Time

Intention: Robert Espinosa

September 19 Friday Adoration 7:00 am to 8:00 am
Twenty-fourth Week of Ordinary Time Mass 8:00 am

Intention: Steve & Deborah Healis

September 20 Saturday Vigil Mass 5:00 pm
Twenty-fifth Sunday in Ordinary Time

Intention: Bruce Paridon & Family
Reader: Christina

September 21 Sunday Mass 9:00 am
Twenty-fifth Sunday in Ordinary Time

Intention: + Margaret Ciesla
Reader: Sal



We would like to congratulate Alex and Mary Ndekeng
on the birth of their son Nolan. Our parish joins them
in thanking God for this precious gift.
May His blessings and grace flow into this family's
hearts and may His love always illuminate their lives.





Jadwiga and Stanislaw Kuc are celebrating their 25th Wedding Anniversary on September 17. We wish Jadwiga and Stanislaw a Happy Anniversary and a wonderful year to follow!
Niech Bóg błogosławi im i ich rodzinom



Steven and Deborah Healis are celebrating their 44th Wedding Anniversary on Friday September 19. We wish Steve and Debbie a Happy Anniversary and a wonderful year to follow! May God continue to bless them and their family.



On September 16th Mr. Robert Espinosa will celebrate his 92nd birthday. We wish him a happy birthday, health, and a wonderful year to follow!



Parish Breakfast Today: We will have a parish breakfast today after our 9:00 am Mass. Everyone is invited to share in the good food and conversation.



“Be ashamed when you sin, don’t be ashamed when you repent. Sin is the wound, repentance is the medicine. Sin is followed by shame; repentance is followed by boldness. Satan has overturned this order and given boldness to sin and shame to repentance.”
- St. John Chrysostom

Prayer Requests: We continue to pray for all of our parishioners who are sick and for the people who care for them. Please pray for all of the members of our Armed Forces and for all of our Law Enforcement Officers, especially Deputy David Zurawska, as they risk their lives to keep us safe.



There are special prayer requests for Julie, Matas Baltus, Steve Bertrand, David Hilty, Brian Paridon, Caroline, Jess, Chris Andrews, Jessica Stephens, Janet Kaufman, Sr. Anna Szostek, Ed Lang, Paul Day, Alvera Seluga, Lidia Kraj, Larry Arnold, Susan & David Estes, Gerry Sott, Cathy Andrews, Stanley & Jadwiga Kuc, Ralph Rowbotham, Jennifer Nason, Mrs. Maria Doniec, Joana Macijauskas, Mrs. Ann Ivers, Albina Vysniauskas, Vida Nakas, Maria Antoniewicz, Glen Zanetic, Stanley & Anna Jarzabek, Robert Espinosa, Winifred & Steve Flowers, and Bruce Paridon. Please remember to pray each day for the souls in purgatory and for our fellow parishioners at St. Theresa.

We thank our parishioners and guests for their continued generosity.

St. Theresa Parish	Aug. 2025	Aug. 2024	Total for This FY (July 2025 – June 2026)	Total for Prior FY (July 2024 - June 2025)
Offertory	\$ 7539	\$ 8190	\$ 14197	\$ 16161
CSA for 2025	Goal	Pledged	Received	
	\$ 9603	\$ 8286	\$ 8286	

“In the light of the Divine Goodness, it seems to me, though others may think differently, that ingratitude is the most abominable of sins and that it should be detested in the sight of our Creator and Lord by all of His creatures who are capable of enjoying His divine and everlasting glory. It is a forgetting of the graces, benefits, and blessings received, and as such it is the cause, beginning, and origin of all sins and misfortunes. Contrariwise, the grateful acknowledgment of blessings and gifts received is loved and esteemed both in heaven and on earth.” – St. Ignatius of Loyola

. . . **as we forgive those who trespass against us:** This "as" is not unique in Jesus' teaching: "You, therefore, must be perfect, as your heavenly Father is perfect"; "Be merciful, even as your Father is merciful"; "A new commandment I give to you, that you love one another, even as I have loved you, that you also love one another." It is impossible to keep the Lord's commandment by imitating the divine model from outside; there has to be a vital participation, coming from the depths of the heart, in the holiness and the mercy and the love of our God. Only the Spirit by whom we live can make "ours" the same mind that was in Christ Jesus. Then the unity of forgiveness becomes possible and we find ourselves "forgiving one another, as God in Christ forgave" us. Thus the Lord's words on forgiveness, the love that loves to the end, become a living reality. The parable of the merciless servant, which crowns the Lord's teaching on ecclesial communion, ends with these words: "So also my heavenly Father will do to every one of you, if you do not forgive your brother from your heart." It is there, in fact, "in the depths of the heart," that everything is bound and loosed. It is not in our power not to feel or to forget an offense; but the heart that offers itself to the Holy Spirit turns injury into compassion and purifies the memory in transforming the hurt into intercession. Christian prayer extends to the *forgiveness of enemies*, transfiguring the disciple by configuring him to his Master. Forgiveness is a high point of Christian prayer; only hearts attuned to God's compassion can receive the gift of prayer. Forgiveness also bears witness that, in our world, love is stronger than sin. The martyrs of yesterday and today bear this witness to Jesus. Forgiveness is the fundamental condition of the reconciliation of the children of God with their Father and of men with one another. There is no limit or measure to this essentially divine forgiveness, whether one speaks of "sins" as in *Luke* (11:4), "debts" as in *Matthew* (6:12). We are always debtors: "Owe no one anything, except to love one another." The communion of the Holy Trinity is the source and criterion of truth in every relationship. It is lived out in prayer, above all in the Eucharist. [CCC 2842-2845]

"We do not know the number of souls that is ours to save through our prayers and sacrifices; therefore, let us always pray for sinners" - St. Faustina

Act of Contrition

My God, I am sorry for my sins with all my heart.

In choosing to do wrong and failing to do good,

**I have sinned against you, whom I should love above
all things.**

I firmly intend, with your help,

to do penance, sin no more,

and avoid whatever leads me to sin.

Our Savior, Jesus Christ, suffered and died for us.

In his name, my God, have mercy.

Amen.



The Elevation of the Cross (sketch for the triptych). Artist: Rubens, Pieter Paul (1577-1640)