

ST. THERESA CATHOLIC CHURCH – Sunny Hills

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Please remember to leave a message when you call our Office or Em. lines.

Email: moodyp@clergy.ptdiocese.org

St. Theresa Parish Website: <http://sttheresa.ptdiocese.org>

“There is no higher dignity than to serve Christ.” - St. Ambrose

**“For every one who exalts himself will be humbled,
but the one who humbles himself will be exalted.”**



The parishioners of St. Theresa and Fr. Paul Moody welcome every one as we gather to worship.

Mass Times for The Twenty-second Sunday in Ordinary Time and the Twenty-second Week of Ordinary Time.

August 30 Saturday Vigil Mass 5:00 pm
Twenty-second Sunday in Ordinary Time

Int: Kathleen, Jack, & Gillian Peaden
Reader:

August 31 Sunday Mass 9:00 am
Twenty-second Sunday in Ordinary Time

Intention: + Chester Urbanowicz
Reader: Veronica

September 1 Monday Mass 8:00 am
Labor Day.

Intention: Mercedes Cook

September 4 Thursday Mass 8:00 am
Twenty-second Week of Ordinary Time

Intention: + Margaret Ciesla

September 5 Friday Adoration 7:00 am to 8:00 am
Twenty-second Week of Ordinary Time Mass 8:00 am

Intention: + Frank Biela

September 6 Saturday Vigil Mass 5:00 pm
Twenty-third Sunday in Ordinary Time

Intention: The Family of John Ciesla
Reader: Kate

September 7 Sunday Mass 9:00 am
Twenty-third Sunday in Ordinary Time

Int: + Julia & Wladyslaw Gliszczynski
Reader : Mark

**“It was pride that changed angels into devils;
it is humility that makes men as angels.”
--St Augustine**

Those Christians who have leisure should be mindful of their brethren who have the same needs and the same rights, yet cannot rest from work because of poverty and misery. Sunday is traditionally consecrated by Christian piety to good works and humble service of the sick, the infirm, and the elderly. Christians will also sanctify Sunday by devoting time and care to their families and relatives, often difficult to do on other days of the week. Sunday is a time for reflection, silence, cultivation of the mind, and meditation which furthers the growth of the Christian interior life.
[CCC – 2186]

Envy is a capital sin. It refers to the sadness at the sight of another's goods and the immoderate desire to acquire them for oneself, even unjustly. When it wishes grave harm to a neighbor it is a mortal sin: St. Augustine saw envy as "the diabolical sin." "From envy are born hatred, detraction, calumny, joy caused by the misfortune of a neighbor, and displeasure caused by his prosperity."
Envy represents a form of sadness and therefore a refusal of charity; the baptized person should struggle against it by exercising good will. Envy often comes from pride; the baptized person should train himself to live in humility. [CCC – 2539-2540]

Desire for true happiness frees man from his immoderate attachment to the goods of this world so that he can find his fulfillment in the vision and beatitude of God. "The promise [of seeing God] surpasses all beatitude. . . . In Scripture, to see is to possess. . . . Whoever sees God has obtained all the goods of which he can conceive."
It remains for the holy people to struggle, with grace from on high, to obtain the good things God promises. In order to possess and contemplate God, Christ's faithful mortify their cravings and, with the grace of God, prevail over the seductions of pleasure and power.
On this way of perfection, the Spirit and the Bride call whoever hears them to perfect communion with God. [CCC – 2548-2550]

**“The most powerful weapon to conquer the devil is humility. For, as he does not know
at all how to use it, neither does he know how to defend himself from it.”
--St Vincent de Paul**

Prayer Requests: We continue to pray for all of our parishioners who are sick and for the people who care for them. Please pray for all of the members of our Armed Forces and for all of our Law Enforcement Officers, especially Deputy David Zurawska, as they risk their lives to keep us safe.



There are special prayer requests for Julie, Matas Baltus, Steve Bertrand, David Hilty, Brian Paridon, Caroline, Jess, Chris Andrews, Jessica Stephens, Janet Kaufman, Sr. Anna Szostek, Ed Lang, Paul Day, Alvera Seluga, Lidia Kraj, Larry Arnold, Susan & David Estes, Gerry Sott, Cathy Andrews, Stanley & Jadwiga Kuc, Ralph Rowbotham, Jennifer Nason, Mrs. Maria Doniec, Joana Macijauskas, Mrs. Ann Ivers, Albina Vysniauskas, Vida Nakas, Maria Antoniewicz, Glen Zanetic, Stanley & Anna Jarzabek, Robert Espinosa, Winifred & Steve Flowers, and Bruce Paridon. Please remember to pray each day for the souls in purgatory and for our fellow parishioners at St. Theresa.

**“You must not be discouraged or let yourself become dejected if your actions have not
succeeded as perfectly as you intended. What do you expect? We are made of clay and
not every soil yields the fruits expected by the one who tills it. But let us always humble
ourselves and acknowledge that we are nothing if we lack the Divine assistance.”
– St. Padre Pio**

We thank our parishioners and guests for their continued generosity.

St. Theresa Offertory	June 2025	June 2024	Total for This FY (July 2024 – June 2025)	Total for Prior FY (July 2023 – June 2024)
	\$ 10100	\$ 9150	\$ 94278	\$ 93649
CSA for 2025	Goal	Pledged	Received	
	\$ 9603	\$ 8186	\$ 7736	

**“Humility does not disturb or upset or agitate, however great it may be;
it comes with peace, delight, and calm. . . . The pain of genuine humility doesn’t agitate or
afflict the soul; rather, this humility expands it and enables it to serve God more.”
-- St Teresa of Avila**