

## ST. THERESA CATHOLIC CHURCH – Sunny Hills

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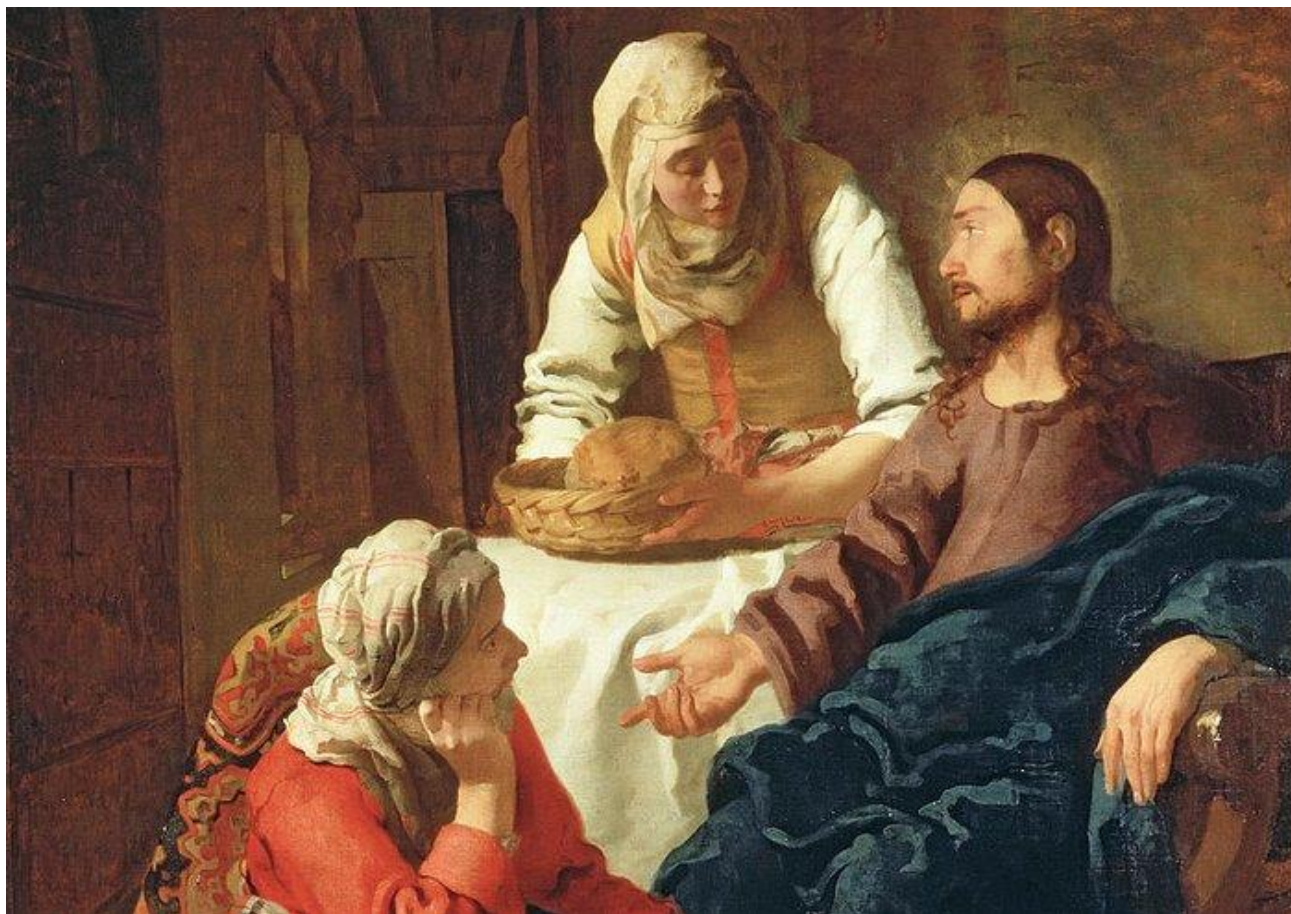
Please remember to leave a message when you call our Office or Em. lines.

Email: [moodyp@clergy.ptdiocese.org](mailto:moodyp@clergy.ptdiocese.org)

St. Theresa Parish Website: <http://sttheresa.ptdiocese.org>

**"This is man's glory, to persevere in the service of God." – St. Irenaeus**

**"Martha, Martha, you are anxious and worried about many things.  
There is need of only one thing."**



The parishioners of St. Theresa and Fr. Paul Moody welcome everyone as we gather to worship.

### Mass Times for The Sixteenth Sunday in Ordinary Time and the Sixteenth Week of Ordinary Time.

July 19 Saturday Vigil Mass 5:00 pm  
Sixteenth Sunday in Ordinary Time

Intention + Margaret Ciesla  
Reader: Mark

July 20 Sunday Mass 9:00 am  
Sixteenth Sunday in Ordinary Time

Intention: + Victoria & John Konefal  
Reader: Christina

July 21 Monday Mass 8:00 am  
Sixteenth Week in Ordinary Time

Intention: + Peter Nguyen Thien

July 24 Thursday Mass 8:00 am  
Sixteenth Week in Ordinary Time

Intention: + Peter Nguyen Noa

July 25 Friday Adoration 7:00 am to 8:00 am  
St. James, Apostle - Feast Mass 8:00 am

Intention: + Karl H. Moody

July 26 Saturday Vigil Mass 5:00 pm  
Seventeenth Sunday in Ordinary Time

Intention: Sr. Anna Szostek  
Reader: Christina

July 27 Sunday Mass 9:00 am  
Seventeenth Sunday in Ordinary Time

Intention: Craig Hoskins  
Reader: Veronica

"If everyone were holy and handsome, it would be easy to see Christ in everyone. But it was not Christ's way for himself. Ask honestly what you would do when a beggar asked at your house for food. Would you give it on an old, cracked plate, thinking that was good enough? Do you think that Martha and Mary thought that the old and chipped dish was good enough for their guest? It is not a duty to help Christ -- it is a privilege."

- Dorothy Day



Friday July 25<sup>th</sup> is a wonderful day for our Parish as three parishioners celebrate their birthday. Anna Jarzabek, John Ciesla, and Antoni Biela. We wish them a Very Happy Birthday!



**Abrahams's Hospitality:** Abraham believed in God and walked in his presence and in covenant with him, the patriarch is ready to welcome a mysterious Guest into his tent. Abraham's remarkable hospitality at Mamre foreshadows the annunciation of the true Son of the promise. After that, once God had confided his plan, Abraham's heart is attuned to his Lord's compassion for men and he dares to intercede for them with bold confidence. [CCC – 2571]

**Contemplative Prayer:** Entering into contemplative prayer is like entering into the Eucharistic liturgy: we "gather up" the heart, recollect our whole being under the prompting of the Holy Spirit, abide in the dwelling place of the Lord which we are, awaken our faith in order to enter into the presence of him who awaits us. We let our masks fall and turn our hearts back to the Lord who loves us, so as to hand ourselves over to him as an offering to be purified and transformed.

Contemplative prayer is the prayer of the child of God, of the forgiven sinner who agrees to welcome the love by which he is loved and who wants to respond to it by loving even more.<sup>8</sup> But he knows that the love he is returning is poured out by the Spirit in his heart, for everything is grace from God. Contemplative prayer is the poor and humble surrender to the loving will of the Father in ever deeper union with his beloved Son.

Contemplative prayer is the simplest expression of the mystery of prayer. It is a gift, a grace; it can be accepted only in humility and poverty. Contemplative prayer is a covenant relationship established by God within our hearts. Contemplative prayer is a communion in which the Holy Trinity conforms man, the image of God, "to his likeness."

Contemplative prayer is also the pre-eminently intense time of prayer. In it the Father strengthens our inner being with power through his Spirit "that Christ may dwell in [our] hearts through faith" and we may be "grounded in love."

Contemplation is a gaze of faith, fixed on Jesus. "I look at him and he looks at me": this is what a certain peasant of Ars in the time of his holy curé used to say while praying before the tabernacle. This focus on Jesus is a renunciation of self. His gaze purifies our heart; the light of the countenance of Jesus illumines the eyes of our heart and teaches us to see everything in the light of his truth and his compassion for all men. Contemplation also turns its gaze on the mysteries of the life of Christ. Thus it learns the "interior knowledge of our Lord," the more to love him and follow him.

Contemplative prayer is hearing the Word of God. Far from being passive, such attentiveness is the obedience of faith, the unconditional acceptance of a servant, and the loving commitment of a child. It participates in the "Yes" of the Son become servant and the Fiat of God's lowly handmaid. Contemplative prayer is silence, the "symbol of the world to come" or "silent love." Words in this kind of prayer are not speeches; they are like kindling that feeds the fire of love. In this silence, unbearable to the "outer" man, the Father speaks to us his incarnate Word, who suffered, died, and rose; in this silence the Spirit of adoption enables us to share in the prayer of Jesus.

Contemplative prayer is a union with the prayer of Christ insofar as it makes us participate in his mystery. The mystery of Christ is celebrated by the Church in the Eucharist, and the Holy Spirit makes it come alive in contemplative prayer so that our charity will manifest it in our acts.

Contemplative prayer is a communion of love bearing Life for the multitude, to the extent that it consents to abide in the night of faith. The Paschal night of the Resurrection passes through the night of the agony and the tomb - the three intense moments of the Hour of Jesus which his Spirit (and not "the flesh [which] is weak") brings to life in prayer. We must be willing to "keep watch with [him] one hour." [CCC 2714-2719]

**Prayer Requests:** We continue to pray for all of our parishioners who are sick and for the people who care for them. Please pray for all of the members of our Armed Forces and for all of our Law Enforcement Officers, especially Deputy David Zurawska, as they risk their lives to keep us safe.



There are special prayer requests for Steve Bertrand, David Hilty, Brian Paridon, Caroline, Jess, Fred Landgraf, Chris Andrews, Jessica Stephens, Janet Kaufman, Sr. Anna Szostek, Ed Lang, Paul Day, Alvera Seluga, Lidia Kraj, Larry Arnold, Susan & David Estes, Gerry Sott, Cathy Andrews, Stanley & Jadwiga Kuc, Ralph Rowbotham,



Jennifer Nason, Mrs. Maria Doniec, Joana Macijauskas, Mrs. Ann Ivers, Albina Vysniauskas, Vida Nakas, Maria Antoniewicz, Glen Zanetic, Stanley & Anna Jarzabek, Robert Espinosa, Winifred & Steve Flowers, and Bruce Paridon. Please remember to pray each day for the souls in purgatory and for our fellow parishioners at St. Theresa.

**We thank our parishioners and guests for their continued generosity.**

St. Theresa Offertory	June 2025	June 2024	Total for This FY (July 2024 – June 2025)	Total for Prior FY (July 2023 – June 2024)
	\$ 10100	\$ 9150	\$ 94278	\$ 93649
CSA for 2025	Goal	Pledged	Received	
	\$ 9603	\$ 8186	\$ 7736	

“You all say, ‘The times are troubled, the times are hard, the times are wretched.’ Live good lives, and you will change the times by living good lives. You will change the times, and then you’ll have nothing to grumble about.”  
- St. Augustine



The Home of Martha and Mary

As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. She had a sister called Mary, who sat at the Lord’s feet listening to what he said. But Martha was distracted by all the preparations that had to be made. She came to him and asked, “Lord, don’t you care that my sister has left me to do the work by myself? Tell her to help me!”

“Martha, Martha,” the Lord answered, “you are worried and upset about many things, but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her.”

Luke 10:38-42