

## ST. THERESA CATHOLIC CHURCH – Sunny Hills

Mailing Address: 2071 Sunny Hills Blvd. Chipley, FL 32428

Church Office Ph. (850) 332– 3188      Emergency Ph. (850) 739 – 1934

Please remember to leave a message when you call our Office or Em. lines.

Email: [moodyp@clergy.ptdiocese.org](mailto:moodyp@clergy.ptdiocese.org)

St. Theresa Parish Website: <http://sttheresa.ptdiocese.org>

**“God is everywhere, and he is timeless.” - St. Anselm**

**"And I tell you, ask and you will receive;  
seek and you will find;  
knock and the door will be opened to you."**



The parishioners of St. Theresa and Fr. Paul Moody welcome everyone as we gather to worship.

### **Mass Times for The Seventeenth Sunday in Ordinary Time and the Seventeenth Week of Ordinary Time.**

July 26 Saturday Vigil Mass 5:00 pm  
Seventeenth Sunday in Ordinary Time

Intention: Sr. Anna Szostek  
Reader: Christina

July 27 Sunday Mass 9:00 am  
Seventeenth Sunday in Ordinary Time

Intention: Craig Hoskins  
Reader: Veronica

July 28 Monday Mass 8:00 am  
Seventeenth Week in Ordinary Time

Intention: Sr. Natalia Kwiatek

July 31 Thursday Mass 8:00 am  
Seventeenth Week in Ordinary Time

Int: Johnnie & Sadie Knight & Family

August 1 Friday Adoration 7:00 am to 8:00 am  
Seventeenth Week in Ordinary Time Mass 8:00 am

Intention: + Catherine Chrisco

August 2 Saturday Vigil Mass 5:00 pm  
Eighteenth Sunday in Ordinary Time

Intention + Helena Szostek  
Reader: Christina

August 3 Sunday Mass 9:00 am  
Eighteenth Sunday in Ordinary Time

Intention: + Margaret Ciesla  
Reader: Mark

**“Prayer enlarges the heart until it is capable of containing God’s gift of himself.”  
– St Teresa of Calcutta**



We congratulate Kim Ngan Nguyen Bui on receiving her First Reconciliation and First Holy Communion. May she have a long and happy life in Christ filled with blessings!

**Chúc cô ấy có một cuộc sống lâu dài và hạnh phúc trong Chúa tràn đầy phước lành!**



**"Sometimes when I am in such a state of spiritual dryness that not a single good thought occurs to me, I say very slowly the 'Our Father,' or the 'Hail Mary,' and these prayers suffice to take me out of myself, and wonderfully refresh me."**

**- Saint Therese of Lisieux**

**Prayer Requests:** We continue to pray for all of our parishioners who are sick and for the people who care for them. Please pray for all of the members of our Armed Forces and for all of our Law Enforcement Officers, especially Deputy David Zurawska, as they risk their lives to keep us safe.



There are special prayer requests for Steve Bertrand, David Hilty, Brian Paridon, Caroline, Jess, Fred Landgraf, Chris Andrews, Jessica Stephens, Janet Kaufman, Sr. Anna Szostek, Ed Lang, Paul Day, Alvera Seluga, Lidia Kraj, Larry Arnold, Susan & David Estes, Gerry Sott, Cathy Andrews, Stanley & Jadwiga Kuc, Ralph Rowbotham, Jennifer Nason, Mrs. Maria Doniec, Joana Macijauskas, Mrs. Ann Ivers, Albina Vysniauskas, Vida Nakas, Maria Antoniewicz, Glen Zanetic, Stanley & Anna Jarzabek, Robert Espinosa, Winifred & Steve Flowers, and Bruce Paridon. Please remember to pray each day for the souls in purgatory and for our fellow parishioners at St. Theresa.

**Vocal Prayer:** Through his Word, God speaks to man. By words, mental or vocal, our prayer takes flesh. Yet it is most important that the heart should be present to him to whom we are speaking in prayer: "Whether or not our prayer is heard depends not on the number of words, but on the fervor of our souls."

Vocal prayer is an essential element of the Christian life. To his disciples, drawn by their Master's silent prayer, Jesus teaches a vocal prayer, the Our Father. He not only prayed aloud the liturgical prayers of the synagogue but, as the Gospels show, he raised his voice to express his personal prayer, from exultant blessing of the Father to the agony of Gethsemani.

The need to involve the senses in interior prayer corresponds to a requirement of our human nature. We are body and spirit, and we experience the need to translate our feelings externally. We must pray with our whole being to give all power possible to our supplication.

This need also corresponds to a divine requirement. God seeks worshippers in Spirit and in Truth, and consequently living prayer that rises from the depths of the soul. He also wants the external expression that associates the body with interior prayer, for it renders him that perfect homage which is his due.

Because it is external and so thoroughly human, vocal prayer is the form of prayer most readily accessible to groups. Even interior prayer, however, cannot neglect vocal prayer. Prayer is internalized to the extent that we become aware of him "to whom we speak;" Thus vocal prayer becomes an initial form of contemplative prayer. [CCC 2700-2704]

**"Whatsoever words we use in prayer we cannot but utter that which is contained in our Lord's Prayer, if we pray in a suitable and worthy manner."**

**- St. Augustine**

**Abba — "Father!"** Before we make our own this first exclamation of the Lord's Prayer, we must humbly cleanse our hearts of certain false images drawn "from this world." Humility makes us recognize that "no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him," that is, "to little children." The purification of our hearts has to do with paternal or maternal images, stemming from our personal and cultural history, and influencing our relationship with God. God our Father transcends the categories of the created world. To impose our own ideas in this area "upon him" would be to fabricate idols to adore or pull down. To pray to the Father is to enter into his mystery as he is and as the Son has revealed him to us.

The expression God the Father had never been revealed to anyone. When Moses himself asked God who he was, he heard another name. The Father's name has been revealed to us in the Son, for the name "Son" implies the new name "Father."

We can invoke God as "Father" because he is revealed to us by his Son become man and because his Spirit makes him known to us. The personal relation of the Son to the Father is something that man cannot conceive of nor the angelic powers even dimly see: and yet, the Spirit of the Son grants a participation in that very relation to us who believe that Jesus is the Christ and that we are born of God.

When we pray to the Father, we are in communion with him and with his Son, Jesus Christ.<sup>33</sup> Then we know and recognize him with an ever new sense of wonder. The first phrase of the Our Father is a blessing of adoration before it is a supplication. For it is the glory of God that we should recognize him as "Father," the true God. We give him thanks for having revealed his name to us, for the gift of believing in it, and for the indwelling of his Presence in us.

We can adore the Father because he has caused us to be reborn to his life by adopting us as his children in his only Son: by Baptism, he incorporates us into the Body of his Christ; through the anointing of his Spirit who flows from the head to the members, he makes us other "Christs."

God, indeed, who has predestined us to adoption as his sons, has conformed us to the glorious Body of Christ. So then you who have become sharers in Christ are appropriately called "Christs."

The new man, reborn and restored to his God by grace, says first of all, "Father!" because he has now begun to be a son. Thus the Lord's Prayer reveals us to ourselves at the same time that it reveals the Father to us. [CCC 2779-2783]

**“So, my brothers, let us pray as God has taught us.  
To ask the Father in words His Son has given us,  
to let Him hear the prayer of Christ ringing in His ears,  
is to make our prayer one of friendship, a family prayer.  
Let the Father recognize the words of His Son.  
Let the Son who lives in our hearts be also on our lips.  
We have Him as an Advocate for sinners, before the Father,  
when we ask for forgiveness for ours sins,  
let us use the words given by our Advocate.  
He tells us –  
Whatever you ask the Father in my name, He will give you.  
What more effective prayer could we then make,  
in the name of Christ, than in the words of His own prayer?”  
- St. Cyprian**

**We thank our parishioners and guests for their continued generosity.**

St. Theresa Offertory	June 2025	June 2024	Total for This FY (July 2024 – June 2025)	Total for Prior FY (July 2023 – June 2024)
	\$ 10100	\$ 9150	\$ 94278	\$ 93649
CSA for 2025	Goal	Pledged	Received	
	\$ 9603	\$ 8186	\$ 7736	

**“For the author and giver of divine blessings  
could not but be our teacher as well,  
providing the words of this prayer,  
as precepts of life,  
for those disciples who believe in Him  
and follow the way He taught in the flesh.  
Through these words,  
He has revealed the hidden treasures  
of wisdom and knowledge (Col 2:3)  
that exist in Him as pure form.  
And, in all who offer this prayer,  
He kindles the desire to enjoy such treasures.”  
- St Maximus the Confessor**

