

ST. THERESA CATHOLIC CHURCH – Sunny Hills

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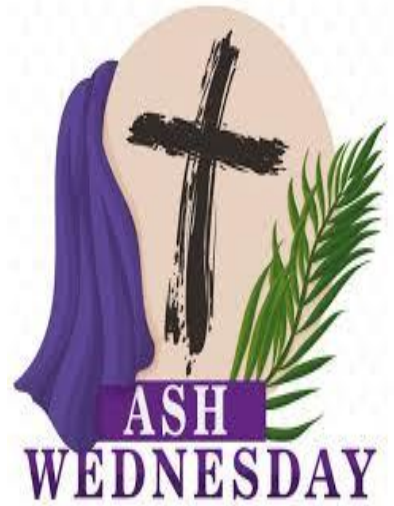
Please remember to leave a message when you call our Office or Emergency lines.

Email: moodyp@clergy.ptdiocese.org

St. Theresa Parish Website: <http://sttheresa.ptdiocese.org>

“We must fear God out of love, not love Him out of fear.” - Saint Francis de Sales

**“A good person out of the store of goodness in his heart produces good,
but an evil person out of a store of evil produces evil;
for from the fullness of the heart the mouth speaks.”**



The parishioners of St. Theresa and Fr. Paul Moody welcome everyone as we gather to worship.

Mass Times for The Eighth Sunday of Ordinary Time, Ash Wednesday, and the Days after Ash Wednesday.

March 1 Saturday Vigil Mass 5:00 pm
Eighth Sunday of Ordinary Time

Intention: Eldon Pederson
Reader: Mark

March 2 Sunday Mass 9:00 am
Eighth Sunday of Ordinary Time

Intention: Sr. Helena Kwiatek
Reader: Sal

March 3 Monday Mass 8:00 am
St. Katharine Drexel, Virgin

Int: + Wiktorja & Wladyslaw Smalarz

March 5 Ash Wednesday Mass 8:00 am

Intention: + All Souls in Purgatory

March 6 Thursday Mass 8:00 am
Thursday after Ash Wednesday

Intention: + Albert & Frances Ciesla

March 7 Friday Adoration 7:00 – 8:00 am
Friday after Ash Wednesday Mass 8:00 am

Intention: + Frank Biela

March 8 Saturday Vigil Mass 5:00 pm
First Sunday of Lent

Int: + Hella Tompkins
Reader: Kate

March 9 Sunday Mass 9:00 am
First Sunday of Lent

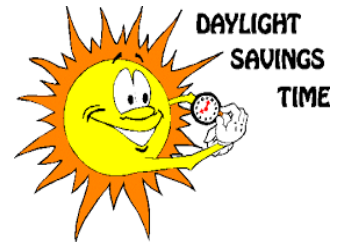
Int: + Czestawa Czajka-Kozlowska
Reader: Christina

**“So if you pray, fast; if fast, show mercy; if you want your petition to be heard, hear the
petition of others. When you fast, see the fasting of others. If you hope for mercy, show
mercy. If you look for kindness, show kindness. If you want to receive, give.”
- St. Peter Chrysologus**

Parish Breakfast: We will have a Parish Breakfast next Sunday after after our 9:00 am Mass. Everyone is welcome.



Please remember to turn your clocks one hour ahead on Saturday evening, March 8 or Sunday morning March 9.



We Spring forward next weekend!

Friday Mass Schedule and Stations of the Cross: Each Friday during Lent beginning on March 14th we will have Stations of the Cross at 5:30 pm followed by Mass at 6:00 pm. Our Eucharistic Adoration will move to Thursdays from 7:00 am – 8:00 am before Thursday Mass.

Lenten Regulations for Fast and Abstinence: Ash Wednesday and the Fridays during Lent are obligatory days of abstinence. For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Church from age 14 onwards.

Operation Rice Bowl – Catholic Relief Services (CRS): In the early Church, people who had little, fasted and gave the food or money they would have spent to buy it to those with even less than themselves. We are blessed to live in a country with abundant food and economic opportunities. Along with our daily prayers for the suffering people of the world, Operation Rice Bowl provides us with an opportunity to thank God for His blessings by helping His children who are in need. Please pick up a Rice Bowl box in the narthex and add what you can to it during Lent.

**“Make few resolutions. Make specific resolutions. And fulfill them with the help of God.”
St. Josemaria Escriva**

Prayer Requests: We continue to pray for all of our parishioners who are sick and for the people who care for them. Please pray for all of the members of our Armed Forces and for all of our Law Enforcement Officers, especially Deputy David Zurawska and Brian Paridon as they risk their lives to keep us safe.



There are special prayer requests for Jessica Stephens, Janet Kaufman, Sr. Anna Szostek, Ed Lang, Paul Day, Alvera Seluga, Lidia Kraj, David Hilty, Larry Arnold, Susan & David Estes, Gerry Sott, Cathy Andrews, Stanley & Jadwiga Kuc, Ralph Rowbotham, Jennifer Nason, Mrs. Maria Doniec, Bob & Sonia Burke, Joana Macijauskas, Mrs. Ann Ivers, Albina Vysniauskas, Vida Nakas, Maria Antoniewicz, Glen Zanetic, Stanley & Anna Jarzabek, Robert Espinosa, Winifred & Steve Flowers, and Bruce Paridon. Please remember to pray each day for the souls in purgatory and for our fellow parishioners at St. Theresa

“ In fact, the external aspects of fasting, though important, do not convey the full measure of the practice. Joined to the practice should be a sincere desire for inner purification, readiness to obey the divine will and thoughtful solidarity with our brothers and sisters, especially the poor.” - St Pope John Paul II

GOOD ACTS AND EVIL ACTS: A morally good act requires the goodness of the object, of the end, and of the circumstances together. An evil end corrupts the action, even if the object is good in itself (such as praying and fasting "in order to be seen by men"). The object of the choice can by itself vitiate an act in its entirety. There are some concrete acts - such as fornication - that it is always wrong to choose, because choosing them entails a disorder of the will, that is, a moral evil.

It is therefore an error to judge the morality of human acts by considering only the intention that inspires them or the circumstances (environment, social pressure, duress or emergency, etc.) which supply their context. There are acts which, in and of themselves, independently of circumstances and intentions, are always gravely illicit by reason of their object; such as blasphemy and perjury, murder and adultery. One may not do evil so that good may result from it

THE FORMATION OF CONSCIENCE:

Conscience must be informed and moral judgment enlightened. A well-formed conscience is upright and truthful. It formulates its judgments according to reason, in conformity with the true good willed by the wisdom of the Creator. The education of conscience is indispensable for human beings who are subjected to negative influences and tempted by sin to prefer their own judgment and to reject authoritative teachings.

The education of the conscience is a lifelong task. From the earliest years, it awakens the child to

the knowledge and practice of the interior law recognized by conscience. Prudent education teaches virtue; it prevents or cures fear, selfishness and pride, resentment arising from guilt, and feelings of complacency, born of human weakness and faults. The education of the conscience guarantees freedom and engenders peace of heart.

In the formation of conscience the Word of God is the light for our path, we must assimilate it in faith and prayer and put it into practice. We must also examine our conscience before the Lord's Cross. We are assisted by the gifts of the Holy Spirit, aided by the witness or advice of others and guided by the authoritative teaching of the Church.

TO CHOOSE IN ACCORD WITH CONSCIENCE:

Faced with a moral choice, conscience can make either a right judgment in accordance with reason and the divine law or, on the contrary, an erroneous judgment that departs from them.

Man is sometimes confronted by situations that make moral judgments less assured and decision difficult. But he must always seriously seek what is right and good and discern the will of God expressed in divine law.

To this purpose, man strives to interpret the data of experience and the signs of the times assisted by the virtue of prudence, by the advice of competent people, and by the help of the Holy Spirit and his gifts.

Some rules apply in every case:

- One may never do evil so that good may result from it;
- the Golden Rule: "Whatever you wish that men would do to you, do so to them."
- charity always proceeds by way of respect for one's neighbor and his conscience: "Thus sinning against your brethren and wounding their conscience . . . you sin against Christ."⁵⁷ Therefore "it is right not to . . . do anything that makes your brother stumble."

ERRONEOUS JUDGMENT

A human being must always obey the certain judgment of his conscience. If he were deliberately to act against it, he would condemn himself. Yet it can happen that moral conscience remains in ignorance and makes erroneous judgments about acts to be performed or already committed.

This ignorance can often be imputed to personal responsibility. This is the case when a man "takes little trouble to find out what is true and good, or when conscience is by degrees almost blinded through the habit of committing sin." In such cases, the person is culpable for the evil he commits. Ignorance of Christ and his Gospel, bad example given by others, enslavement to one's passions, assertion of a mistaken notion of autonomy of conscience, rejection of the Church's authority and her teaching, lack of conversion and of charity: these can be at the source of errors of judgment in moral conduct.

If - on the contrary - the ignorance is invincible, or the moral subject is not responsible for his erroneous judgment, the evil committed by the person cannot be imputed to him. It remains no less an evil, a privation, a disorder. One must therefore work to correct the errors of moral conscience. A good and pure conscience is enlightened by true faith, for charity proceeds at the same time "from a pure heart and a good conscience and sincere faith." [CCC 1755-1794]

Catholic Charing Appeal (CSA) 2025: Our 2025 CSA campaign has begun and is off to a good start. We need every parishioner do their best to contribute to the CSA. For those who have already helped, thank you!

We thank our parishioners and guests for their continued generosity.

St. Theresa Offertory	Jan. 2025	Jan. 2024	Total for This FY (July 2024 – Jan. 2025)	Total for Prior FY (July 2023 – Jan. 2024)
	\$ 8446	\$ 7025	\$ 52161	\$ 55549
CSA for 2025	Goal	Pledged	Received	
	\$ 9603	\$ 4740	\$ 3440	

“Nothing, how little so ever it be, if it is suffered for God’s sake, can pass without merit in the sight of God.” - Thomas a Kempis

